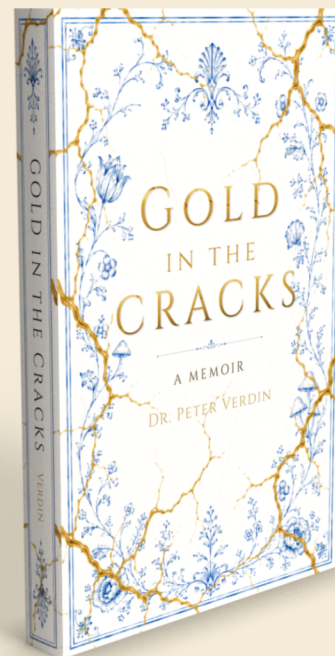


GOLD IN THE CRACKS

A MEMOIR OF SILENCE, PERFORMANCE, AND REPAIR
BY DR. PETER VERDIN

*A story buried for twenty-five years,
and what happened when it stopped
staying buried.*



FROM THE FORWARD

“One of us wore pain where the world could see it. The other learned to hide behind a resumé.

Different armor. Same wound.”

- BY SONNY VON CLEVELAND
Author, *Hey White Boy*

THE BOOK

GOLD IN THE CRACKS is a memoir about what happens when survival looks like success. Peter Verdin built a life around achievement—outfielder at the University of Georgia, professional draft pick, coach, educator, PhD, father—while carrying a nervous system that had learned to keep moving. When a story buried for twenty-five years stopped staying buried, the traits that once helped him survive began demanding a different kind of work. Written from inside the repair, the book explores trauma, performance, fatherhood, identity, accountability, and the difference between functioning and healing.

MEDIA AND APPEARANCES



SEXUAL ASSAULT SURVIVOR STORIES PODCAST

Ep. 203: Dr. Peter Verdin, "Gold In the Cracks"

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Coming Soon

ABOUT THE AUTHOR

DR. PETER VERDIN

HUMAN & SPORT PERFORMANCE COACH •
EDUCATOR • AUTHOR • ABUSE SURVIVOR



An outfielder at the University of Georgia, drafted by the Washington Nationals before earning a PhD in human and sport performance. His career spans elite-sport, coaching, education, sales, and long-term athlete development. He is a father

of two in Boise, Idaho, and *Gold in the Cracks* is his first book.

“I wrote this from the wreckage, while healing—not the other side.”